



Athlete/Parent Contract

As a member or parent of a member of the Haverford High School Swimming & Diving Team, you will agree to abide by the team policies listed below for the duration of the swimming season. Any violation of a policy may result in suspension or dismissal from the team.

School Policies

1. Drug Policy: The use of any drug or the distribution of any drug by a team member can result in dismissal from the team. This policy is in effect 24 hours per day.
2. Alcohol Policy: The use of alcohol or the distribution of alcohol by a team member can result in dismissal from the team. This policy is in effect 24 hours per day.
3. Tobacco Policy: The use of tobacco products or the distribution of tobacco products can result in dismissal from the team. This policy is in effect 24 hours per day.
4. Foul Language: The use of repeated profanity, vulgarity, or other offensive language toward teammates, coaches, opponents, and/or fans can result in dismissal from the team.

Team Policies

1. Attendance Policy
 - If you are well enough to be in school, then you are well enough to be in the pool.
 - In order to qualify for a junior varsity or varsity letter, a swimmer/diver must have a documented 90% practice attendance.
 - All team members are required to arrive on time for practices (plan on arriving 10 minutes early so that we can start on time...our pool time is valuable).
 - All non-club swimming/diving team members are expected to attend all practice sessions and swim meets at their designated times.
 - If a team member swims/dives for another club team during the winter season, he or she is required to attend at least one practice per week and provide written documentation from his or her club coach verifying participation in practices for each week of the season. Club swimmers are expected to attend all swim meets.
 - All team members are expected to attend dryland training at their designated times and locations each week.
 - Students who are absent or who arrive after 10:46 AM will not be eligible to participate in neither practice nor a meet that day. Students who go home sick during the school day (and do not return to school) are not eligible for practice or meets.

If for some reason (illness, family matter, etc.) a swimmer/diver cannot attend his/her designated practice or meet, he or she must notify Matt Stewart (swimming) or John Scholtz (diving) **BEFORE** practice or the meet begins.

Swimmers/parents can email or call their respective coach directly to provide notification. Do not send messages with other swimmers/divers.

Failure to comply with this rule will result in an **unexcused absence** for the swimmer/diver.

Any student-athlete with an unexcused absence will be suspended from the next team competition. Any student-athlete with multiple unexcused absences may face dismissal from the team.

2. Driving Policy
 - All swimmers are required to provide their own transportation to practice.
 - It is preferred that parents only drive their own children to practice. If parents are going to carpool, the parents from all swimmers involved must complete a Carpool Permission form.
 - If a student drives to practice, he or she **MUST** complete a Student Driver Permission Form.
 - If a student drives another student to practice, both swimmers must complete the Student Driver Carpool Form (permission from both parents is required).



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3. Swim Meet Policy

- All swimmers must ride the team bus to all meets. Students are not permitted to drive to away meets unless a situation has been reviewed by the athletic office **prior to the contest.**
- All swimmers must wear the Haverford team suit at all meets (this also includes the team cap if swimmers choose to wear one). Swimmers are also forbidden to wear any jewelry. Any swimmer or diver reporting to their event wearing an illegal suit or jewelry will be disqualified from that event (PIAA RULES).
- All swimmers are required to warm-up with the team at all meets, regardless of whether or not the swimmer is entered in the meet.
- Cell phone use during meets is prohibited.
- All swimmers are responsible for respectful behavior at swim meets - towards teammates, opponents, coaches, officials, and fans.
- Swimmers are responsible for maintaining a clean locker room at all meets.
- All swimmers/divers are to remain on deck for the duration of a swim meet (this includes diving). Swimmers/divers are not permitted to visit with family and friends during a meet.
- All swimmers/divers are required to remain in uniform for the duration of a meet.
- All swimmers are required to remain in the water during an event until all competitors have finished the event.
- All swimmers must ride the team bus back to Haverford High School after each swim meet. **Students are not permitted to leave an away meet with a parent/guardian without prior written notice to both the coach and the athletic office.**
- It is crucial that if a swimmer/diver plans on leaving a meet with his or her parents/guardians, he/she must provide **ADVANCED NOTIFICATION** to the coach and the athletic department. The coach will not accept notes during or after a meet regarding this matter (unless it is an emergency).
- Since we swim/dive most of our meets away from Haverford, there will be a select number of meets where swimmers/divers can travel home with their parents/guardians without providing a note. Check the official team schedule for these meets.

4. Trainer/Injury Policy

- If an athlete is seen by a physician, he or she must bring a written diagnosis of the condition and treatment recommendations including date of return to activity. Until the school trainer has this in hand, the athlete will not be allowed to participate in practice sessions or contests.

Students may not participate in any practice or team activity until this contract has been signed by both the swimmer and his or her parent or guardian.

I have read the Athlete/Parent Contract and agree to abide by the team rules, regulations, and expectations.

Student Athlete Name: _____

Student Athlete Signature: _____ Date: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____

Return this form to Mr. Stewart in Room 332