

CENTRAL LEAGUE SWIMMING AND DIVING



2023 SILVER MEET - SWIMMING

SATURDAY, FEBRUARY 4, 2023

RIDLEY HIGH SCHOOL

ENTRIES: Due to Kevin Pierce (kevpierce@gmail.com) by **10:00 PM, January 28, 2023**

*TM Events File is available at <http://www.fordswimdive.com/clswimdive.htm>

MEET SCHEDULE

SATURDAY, FEBRUARY 4, 2022

SESSION 1: GIRLS

10:00 AM // Warm-Up

- 10:00 – 10:15 AM: RID (1-3), PNC (4-5), HAR (6)
- 10:15 – 10:30 AM: SDC (1-2), GAV (3-4), HAV (5), MN (6)
- 10:30 – 10:45 AM: SH (1-2), RAD (3-4), LM (5), CON (6)

11:00 AM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Break / Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Break / Awards
 - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Break / Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Free Relay

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SESSION 2: BOYS

2:30 PM // Warm-Up

- 2:30 – 2:45 PM: SH (1-3), HAR (4-5), RID (6)
- 2:45 – 3:00 PM: GAV (1-2), LM (3-4), MN (5), PNC (6)
- 3:00 – 3:15 PM: HAV (1-2), SDC (3-4), RAD (5), CON (6)

3:30 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
 - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay

ENTRY GUIDELINES

- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers can do a maximum of two (2) individual events.
- If a swimmer has qualified for Central League Champs in an individual event, **they cannot swim at the Silver Meet**
- Swimmers cannot qualify for Central League Championships using a time from the Silver Meet.

The Central League will recognize the Top 8 finishers for each individual event during the Awards portions of the meet.