



2020 CAL SILVER MEET – SWIMMING

FRIDAY, FEBRUARY 7TH AND SATURDAY, FEBRUARY 8TH

HOSTED BY UPPER DARBY HIGH SCHOOL

MEET WILL BE HELD AT UPPER DARBY HIGH SCHOOL

Entries: Due to Casey O'Hara (casey.m.ohara@gmail.com) by **10:00 PM, February 1, 2020**

*TM Events File is available at <http://www.fordswimdive.com/clswimdive.htm>

MEET SCHEDULE

FRIDAY, FEBRUARY 7, 2018

SESSION 1: BOYS

3:00 PM // Warm-Up

- Warm-Up Assignments TBA

4:00 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
 - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay

SATURDAY, FEBRUARY 8, 2018

SESSION 2: GIRLS

10:00 AM // Warm-Up

- Warm-Up Assignments TBA

11:00 AM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
 - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay

ENTRY GUIDELINES

- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers can do a maximum of two (2) individual events.
- If a swimmer has qualified for Central League Champs in an individual event, **he/she cannot swim at the Silver Meet**
- Swimmers cannot qualify for Central League Championships using a time from the Silver Meet.

The Central League will recognize the Top 8 finishers for each individual event during the Awards portions of the meet.