



2018 CAL SILVER MEET – SWIMMING

FRIDAY, FEBRUARY 9TH AND SATURDAY, FEBRUARY 10TH

HOSTED BY STRATH HAVEN HIGH SCHOOL

MEET WILL BE HELD AT STRATH HAVEN HIGH SCHOOL

Entries: Due to Dina Dormer (ddormer@wssd.org) by **10:00 PM, February 3, 2018**
*TM Events File is available at <http://www.fordswimdive.com/clswimdive.htm>

MEET SCHEDULE

FRIDAY, FEBRUARY 9, 2018

SESSION 1: BOYS

2:30 PM // Warm-Up

- 2:30 – 2:55 PM: MN, PNC, RID, SDC
- 2:55 – 3:20 PM: HAV, RAD, SH, UDA
- 3:20 – 3:45 PM: CON, GAV, HAR, LME
- 3:45 – 3:55 PM: SPRINTS

4:00 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
 - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay

SATURDAY, FEBRUARY 10, 2018

SESSION 2: GIRLS

10:30 AM // Warm-Up

- 10:30 – 10:55 AM: MN, PNC, RID, SDC
- 10:55 – 11:20 AM: HAV, RAD, SH, UDA
- 11:20 – 11:45 AM: CON, GAV, HAR, LME
- 11:45 – 11:55 AM: SPRINTS

12:00 PM // Competition Start Time

- 200 Medley Relay, 200 Free, 200 IM, 50 Free
- Awards
 - 200 Medley Relay, 200 Free, 200 IM
- 100 Butterfly, 200 Freestyle Relay
- Awards
 - 50 Free, 100 Fly, 200 Free Relay
- 100 Free, 500 Free, 100 Back, 100 Breast
- Awards
 - 100 Free, 500 Free, 100 Back
- 400 Freestyle Relay
- Awards
 - 100 Breast, 400 Freestyle Relay

ENTRY GUIDELINES

- All swimmers/divers can do a maximum of four (4) total events (including relays). Swimmers can do a maximum of two (2) individual events.
- If a swimmer has qualified for Central League Champs in an individual event, **he/she cannot swim at the Silver Meet**
- Swimmers cannot qualify for Central League Championships using a time from the Silver Meet.

The Central League will recognize the Top 8 finishers for each individual event during the Awards portions of the meet.